

Litteraturlista handledarutbildningen HLU distans G VT -26

(kan komma revideras)

Handledningsmetodik

- Byreus, K. (2020). *Lagom ovanligt.Handledning med Kreativa metoder*. Studentlitteratur.
- Falendar, C. A., & Shafranske, E. P. (2021). *Clinical Supervision* (2 uppl.). American Psychology Association.
- Goldberg, S. B., Rousmaniere, T., Miller, S. D., Whipple, J., Nielsen, S. L., Hoyt, W. T., & Wampold, B. E. (2016). Do psychotherapists improve with time and experience? A longitudinal analysis of outcomes in a clinical setting. *Journal of counseling Psychology*, 63(1), 1–11. DOI: 10.1037/cou0000131
- Hawkins, P. & Mc Mahon, A. (2022). *Handledning inom behandlande yrken* (5 uppl.). Open University Press.
- Kennerley, H. (2020). *CBT oriented supervision*. Oxford Cognitive Therapy Centre.
<https://www.octc.co.uk/product/booklets/cbt-supervision>
- Mehr, K. E., Ladany, N., & Caskie, G.I.L. (2014). Factors Influencing willingness to disclose in supervision. *Training and Education in Professional Psychology*, 9(1), 44-51. doi: 10.1037/tep0000028
- Milne, D. L. & Reiser, R. P (2020). *Supportive Clinical supervision enhancing well-being and reducing burnout through restorative leadership*. Pavilion Publishing & Media.
- Muse, K., Kennerley, H., & Mc Manus F. (2022). The why, what, when, who and how of assessing CBT competence to support lifelong learning. *The Cognitive Behaviour Therapist* (2022), vol. 15, 1-21. doi:10.1017/S1754470X22000502
- Padesky, C., & Kennerley, H. (2023). *Dialogues for discovery - improving psychotherapy's effectiveness*. Oxford University Press.
- Rousmaniere, T. (2019). *Målmedveten träning för psykoterapeuter – Hur man förbättrar den kliniska effektiviteten*. Studentlitteratur.
- Törnquist, A., Rakovshik, S., Carlsson, J., & Norberg, J. (2018). How supervisees on a foundation course in CBT perceive a supervision session and what they bring forward to the next therapy session. *Behavioural and Cognitive Psychotherapy*. 46, 302 – 317. DOI: [10.1017/S1352465817000558](https://doi.org/10.1017/S1352465817000558)
- Vekaria, B., Harydwar, L., Thomas, T., & Ononaiye, M (2023). Supervisee perspectives on improving cultural responsivity in clinical supervision. *Clinical Psychology Forum* 1(371), 66-76. DOI: [10.53841/bpscpf.2023.1.371.66](https://doi.org/10.53841/bpscpf.2023.1.371.66)
- Wampold, B. (2015). How important are the common factors in psychotherapy? An update. *World Psychiatry*, 14(3), 270–277. DOI: [10.1002/wps.20238](https://doi.org/10.1002/wps.20238)
- Watkins, C.E. (2018) The generic model of psychotherapy supervision: An analogized research-informing meta theory. *Journal of Psychotherapy Integration*. 28 (4), 521 – 536.
<https://psycnet.apa.org/doi/10.1037/int0000114>
- Watkins, C. E., Jr., Budge, S. L., & Callahan, J. L. (2015). Common and specific factors in psychotherapy supervision. A supervisory extrapolation of the Wampold/Budge psychotherapy relationship model. *Journal of Psychotherapy Integration*, 25(3), 214–235. <https://doi.org/10.1037/a0039561>
- Watkins, C. E., Jr. (2020). Relational humility and clinical supervision: On hypotheses, method, and measurement. *The Clinical Supervisor*, 39(2), 148–167
<https://doi.org/10.1080/07325223.2020.1744056>

Pedagogik

- Bennett-Levy, J., McManus, F., Westling, B. E., & Fennell, M. (2009). Acquiring and refining CBT skills and competencies: which training methods are perceived to be most effective? *Journal of Behavioural Cognitive Psychotherapy*, 37(5), 571-583. DOI:[10.1017/S1352465809990270](https://doi.org/10.1017/S1352465809990270)
- Tennant, M. (2019). *Psychology and adult learning*. (4 uppl.). Routledge.

Jordan, T. (2020). *Konflikthantering i arbetslivet: förstå, hantera, förebygg*. Gleerups.

Tennant, M. (2019) *Psychology and adult learning*. (4 uppl.). Routledge.

Wennerberg, T. (2023). *Rädda organisationen. En bok om psykologisk trygghet i arbetslivet*. Ett hum förlag.

Psykotterapi och handledningsforskning

American Psychological Association (2014). *APA Guidelines for Clinical Supervision in Health Service Psychology*. apa.org

Alfonsson, S., Parling, T., Spännargårdh, Å., Andersson, G., & Lundgren, T. (2018). The effects of clinical supervision on supervisees and patients in cognitive behavioral therapy: a systemic review. *Cognitive Behaviour Therapy*, 47(3), 226 – 228. <http://dx.doi.org/10.1080/16506073.2017.1369559>.

Muse, K., Kennerley, H., & Mc Manus F. (2022). The why, what, when, who and how of assessing CBT competence to support lifelong learning. *The Cognitive Behaviour Therapist* (2022), vol. 15, 1-21. doi:10.1017/S1754470X22000502

Litteraturlista kopplat till individuellt forskningsområde tillkommer.

Ansvarsfrågor, etik och juridik

Akademikerförbundet SSR (2014). *Etik och psykotterapi, etiska koder för psykotterapeuter*.

Hälso- och sjukvårdslagen https://www.riksdagen.se/sv/dokument-lagar/dokument/svensk-forfattningssamling/halso--och-sjukvardslag_sfs-2017-30

Psykotterapicentrum *Etiska riktlinjer för psykotterapeuter* www.psykotterapicentrum.se

Psykotterapicentrum *Etiska riktlinjer för psykotterapihandledare* www.psykotterapicentrum.se

Handledning på handledning

Assessment of CBT Core Skills (ACCS) Oxford Cognitive Therapy Centre (OCTC) www.accs-scales.co.uk
Svensk översättning av SAPU

Supervisor Competency Scale (SCS). *Oxford Cognitive Therapy Centre (OCTC)*.
www.octc.co.uk/innovations/supervisor-competency-scale-scs

Rekommenderad litteratur för inspiration och examination kring fördjupning i ett ämne

The Clinical Supervision Essential Series from American Association, Books and Videos. www.apa.org